

What is Youth Mobile Crisis Response?

Youth Mobile Crisis Response (YMCR) is a free resource for families and youth of any age who are experiencing a behavioral health crisis anywhere in Nebraska. YMCR is available by contacting the Nebraska Family Helpline at (888) 866-8660.

YMCR is available 24/7 and help is provided in the community, home, or through video consultation within one hour of a call. Trained operators screen calls to assess immediate safety needs, identify the potential level of a behavioral health crisis, make recommendations or referrals to appropriate resources, and help callers connect to emergency resources or providers when necessary.

How Do I Reach Youth Mobile Crisis Response?

The Nebraska Family Helpline serves as Nebraska's central access point. In partnership with the Regional Behavioral Health Authorities and the Youth Mobile Crisis Response providers, the Nebraska Family helpline staff can connect families and other system partners with Mobile Crisis Response across the state. The Nebraska Family Helpline can be reached at **(888) 866-8660**, 24 hours a day, 7 days a week.

How Does Youth Mobile Crisis Response Work?

- **Telephone Triage**

Trained professionals are available to screen a caller's needs and to connect callers to services and supports. When a caller is in immediate crisis, youth and/or families are connected to the Youth Mobile Crisis Response teams in their community.

- **Mobile Crisis Response**

If care is needed beyond an initial screen, a Youth Mobile Crisis Response provider will make contact with the family, either in person or via phone or telehealth, to provide further assessment or crisis intervention and work with the family to resolve the crisis. This may include referral to a psychiatric hospital, emergency department or other community-based services.

- **After Care**

24 hour follow-up contact and referral to additional community partners is offered to the youth and their family. Youth Mobile Crisis Response teams work to assure a smooth transition to supports and services that may be necessary.

How is Youth Mobile Crisis Response initiated/requested in the counties served?

Region 1: The Youth Mobile Crisis Response can be reached by contacting: Local Law Enforcement, the Nebraska Family Helpline at (888) 866-8660, or the provider directly.

Counties	YMCR Provider	Contact Number
Box Butte, Dawes, Sheridan, Sioux	Crossroads	308-430-4610
Banner, Cheyenne, Deuel, Garden, Kimball, Morrill, Scotts Bluff	Region 1	308-225-1599

Region 2: The Youth Mobile Crisis Response can be reached by contacting: Local Law Enforcement, the Nebraska Family Helpline at (888) 866-8660, or the provider directly.

Counties	YMCR Provider	Contact Number
Arthur, Chase, Dawson, Dundy, Frontier, Gosper, Hayes, Hitchcock, Grant, Hooker, Keith, McPherson, Lincoln, Logan, Perkins, Red Willow, Thomas	Region 2	308-390-4645

Region 3: The Youth Mobile Crisis Response can be reached by contacting: Local Law Enforcement, the Nebraska Family Helpline at (888) 866-8660, or the provider directly.

Counties	YMCR Provider	Contact Number
Blaine, Custer, Garfield, Greeley, Hall, Hamilton, Howard, Loup, Merrick, Sherman, Valley, Wheeler	Mid-Plains Center	Primary: 308-380-5973 Backup: 800-515-3326
Buffalo, Furnas, Harlan, Kearney, Phelps	South Central Behavioral Services	308-225-1599
Adams, Clay, Franklin, Nuckolls, Webster	South Central Behavioral Services	402-463-5684

Region 4: The Youth Mobile Crisis Response can be reached by contacting: Local Law Enforcement, the Nebraska Family Helpline at (888) 866-8660, or the provider directly (see map on reverse side).

Counties	YMCR Provider	Contact Number
Antelope, Cedar, Cuming, Knox Madison, Pierce, Stanton	Behavioral Health Specialists	888-370-7003
Boyd, Brown, Cherry, Holt, Keya Paha, Rock	Heartland	877-488-9928
Boone, Colfax, Nance, Platte,	Good Life	866-758-4749
Burt, Dakota, Dixon, Thurston, Wayne	Heartland	877-958-7776

Region 5: All counties. The Youth Mobile Crisis Response can be reached by contacting: Local Law Enforcement or the Nebraska Family Helpline at (888) 866-8660.

Region 6: All counties. The Youth Mobile Crisis Response can be reached by contacting: Local Law Enforcement or the Nebraska Family Helpline at (888) 866-8660.

Confirmation provided by the Regional Behavioral Health Authorities (December 2019) that all system partners (AOP, CFS, Schools, community providers as well as families and youth) can refer to Youth Mobile Crisis Response via the avenues identified above.

