

## How Do I Reach Youth Mobile Crisis Response?

**For Region 4 Behavioral Health System:**

**In Antelope, Cedar, Cuming, Knox, Madison,  
Pierce, & Stanton Counties:**

**Behavioral Health Specialists, 888-370-7003**

**In Boyd, Brown, Cherry, Holt, Keya Paha,  
& Rock Counties:**

**Heartland, 877-488-9928**

**In Boone, Colfax, Nance, & Platte Counties:**

**Good Life, 866-758-4749**

**Burt, Dakota, Dixon, Thurston, & Wayne Counties**

**Heartland, 877-958-7776**

Youth Mobile Crisis Response can be reached by contacting **Local Law Enforcement**, the **Nebraska Family Helpline**, or **the provider directly**.

Nebraska Family Helpline

1-888-866-8660

24 Hours A Day / 7 Days A Week

All system partners, i.e., Probation, Child and Family Services, community providers, families, and youth can refer to Youth Mobile Crisis Response via the avenues identified above.

## Nebraska Behavioral Health School-Based Disaster Response



## Youth Mobile Crisis Response



# What is Youth Mobile Crisis Response?

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**Youth Mobile Crisis Response (YMCR)** is a free resource for families and youth of any age who are experiencing a behavioral health crisis anywhere in Nebraska. YMCR is available by contacting the **county providers listed on the back of this brochure**.

**YMCR is available 24/7** and help is provided in the community, home, or through video consultation within one hour of a call. Trained operators screen calls to assess immediate safety needs, identify the potential level of a behavioral health crisis, make recommendations or referrals to appropriate resources, and help callers connect to emergency resources or providers when necessary.

## How to Reach Youth Mobile Crisis Response

In Antelope, Cedar, Cuming, Knox, Madison, Pierce, and Stanton Counties, call Behavioral Health Specialists at **888-370-7003**. In Boyd, Brown, Cherry, Holt, Keya Paha, and Rock Counties, call Heartland at **877-488-9928**. In Boone, Colfax, Nance, and Platte Counties, call Good Life at **866-758-4749**. In Burt, Dakota, Dixon, Thurston, and Wayne Counties, call Heartland at **877-958-7776**. **These county providers are also listed on the back of this brochure.**



# How Does Youth Mobile Crisis Response Work?

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## Telephone Triage

Trained professionals are available to screen a caller's needs and to connect callers to services and supports. When a caller is in immediate crisis, youth and/or families are connected to the Youth Mobile Crisis Response teams in their community.

## Mobile Crisis Response

If care is needed beyond an initial screen, a Youth Mobile Crisis Response provider will make contact with the family, either in person or via phone or telehealth, to provide further assessment or crisis intervention and work with the family to resolve the crisis. This may include referral to a psychiatric hospital, emergency department, or other community-based services.

## After Care

Twenty-four hour follow-up contact and referral to additional community partners is offered to the youth and their family. Youth Mobile Crisis Response teams work to assure a smooth transition to supports and services that may be necessary.

