

How Do I Reach Youth Mobile Crisis Response?

For Region 3 Behavioral Health Services:

Youth Mobile Crisis Response can be reached by contacting **Local Law Enforcement**, the **Nebraska Family Helpline**, or the provider directly.

Nebraska Family Helpline
1-888-866-8660

24 HOURS A DAY / 7 DAYS A WEEK

In Buffalo and Hall Counties:

South Central Behavioral Services
(308) 237-5951

In Custer, Hall, and Howard Counties:

Mid-Plains Behavioral Health Services
24-Hour Crisis Line 1-800-515-3326
Triage and Crisis Stabilization Center

All system partners, i.e., Probation, Child and Family Services, community providers, families, and youth can refer to Youth Mobile Crisis Response via the avenues identified above.

Nebraska Behavioral Health School-Based Disaster Response

The logo for Region 3 Behavioral Health Services features the word "Region" in a large, elegant, black serif font, with a large, stylized number "3" positioned to its right. Below this, the words "Behavioral Health Services" are written in a smaller, black, sans-serif font. The logo is overlaid on a photograph of several hands of different skin tones being clasped together in a supportive grip.

Behavioral Health Services

Youth Mobile Crisis Response

What is Youth Mobile Crisis Response?

Youth Mobile Crisis Response (YMCR) is a free resource for families and youth of any age who are experiencing a behavioral health crisis anywhere in Nebraska. YMCR is available by contacting the **Nebraska Family Helpline (NFH)** at **(888) 866-8660**.

YMCR is available 24/7 and help is provided in the community, home, or through video consultation within one hour of a call. Trained operators screen calls to assess immediate safety needs, identify the potential level of a behavioral health crisis, make recommendations or referrals to appropriate resources, and help callers connect to emergency resources or providers when necessary.

How to Reach Youth Mobile Crisis Response

The Nebraska Family Helpline serves as Nebraska's central access point. The Nebraska Family Helpline can be reached at (888) 866-8660, 24 hours a day, 7 days a week.



How Does Youth Mobile Crisis Response Work?

Telephone Triage

Trained professionals are available to screen a caller's needs and to connect callers to services and supports. When a caller is in immediate crisis, youth and/or families are connected to the Youth Mobile Crisis Response teams in their community.

Mobile Crisis Response

If care is needed beyond an initial screen, a Youth Mobile Crisis Response provider will make contact with the family, either in person or via phone or telehealth, to provide further assessment or crisis intervention and work with the family to resolve the crisis. This may include referral to a psychiatric hospital, emergency department, or other community-based services.

After Care

Twenty-four hour follow-up contact and referral to additional community partners is offered to the youth and their family. Youth Mobile Crisis Response teams work to assure a smooth transition to supports and services that may be necessary.

