



"Resiliency: Bouncing Back in the Face of Adversity"

**April 7, 2021
8:30 am—2:30 pm**

Via Zoom

Cost:

This year's conference will be held virtually and will be free to all attendees due to generous support from Region V and funding from the SAMHSA School-Based Disaster Response Grant. Registration is required.

**Registration Deadline:
April 1, 2021**

CEU Information:

Certificates for claiming C.E.U. hours will be provided after the conference.

This conference is supported in part by:

Grant #2B08T1010034 under the SAMHSA Center for Substance Abuse Treatment and the Nebraska Division of Behavioral Health and monies passed through by Region 4 and Region V to prevention providers (\$135,170 or 53%) and \$121,933 or 47% from non-governmental entities.

Region V Systems

For more information
contact the SCIP office
at: 402-327-6843



REGISTRATION FORM

Please Print

Registration Deadline: April 1, 2021

Name _____ School/Organization _____ Title: _____

Address _____ City _____ Zip Code _____

E-mail Address _____ Phone _____

Send Registration to:

SCIP—Valerie Hotsenpillar
vhotsenpillar@lmep.com
Scipnebraska.com

Mail to:
SCIP
4600 Valley Road
Lincoln, NE 68510



Agenda

8:15 – 8:30 am Welcome

8:30 – 10:00 am Dr. Kenneth
Ginsburg

10:00– 10:15 am Break

10:15 am – 12:00 pm Dr. Kenneth
Ginsburg (cont.)

12:00 – 1:00 pm Lunch

1:00 pm–2:30 pm Dr. Tina Chasek

2:30 pm Closing/Evaluations

KEYNOTE

DR. KEN GINSBURG is a pediatrician specializing in Adolescent Medicine at the Children’s Hospital of Philadelphia and a Professor of Pediatrics at the University of Pennsylvania School of Medicine. He also serves as Director of Health Services at Covenant House Pennsylvania, an agency that serves Philadelphia’s youth enduring homelessness.

As a result of this presentation, the participant will be able to:

Explain the behavioral change process and how utilizing a strengths-based approach combats the demoralization that can paralyze change.

Provide examples of how to eliminate shame from interactions by focusing on building confidence in youth.

Communicate with youth in a way that builds on their existing strengths rather than undermining their forward movement.

Communicate with youth in a way that restores control to their decision-making processes, including managing stress in healthy ways.



ABOUT THE PRESENTERS

CHRISTINE “TINA” CHASEK, Ph.D., LIMHP, LADC is an Associate Professor at the University of Nebraska Kearney (UNK) in the Department of Counseling and School Psychology and Director of the Behavioral Healthcare Center of Nebraska-Kearney. Her research interests include addiction counseling, families impacted by substance use disorders, counselor preparation, and clinical outcomes. Dr. Chasek is also a practicing mental health and drug and alcohol counselor working with a diverse client population.

As a result of this presentation, the participant will be able to:

Define and understand trauma from a youth perspective

Define disaster and identify the common disasters that have occurred over the past 3 years.

Recognize youth response to disaster and identify resiliency characteristics

Learn about treatment resources for youth impacted by trauma and disaster