

School Community Intervention and Prevention Presents



The Signs and Symptoms of Gambling Use Disorder

Friday, June 16th, 2023

Objectives:

The purpose of this presentation is to assist clinicians in the assessment and treatment of Gambling Use Disorder. Participants will be able to identify the difference between Action and Escape gamblers, while also understanding the other disorders which are often co-occurring with Gambling Use Disorders. Finally, participants will learn about specific interventions they can use to treat Gambling Use Disorder. Pulling from Dialectical Behavioral Therapy, Cognitive Behavioral Therapy, 12-step models and Internal Family Systems, clinicians will be able to identify the interventions which will best assist their clients in arresting their Gambling Use Disorder.

Presenters:

Janet L. Johnson, MA LIMHP, CDGC, LADC:

Since 2006, Mrs. Johnson has been providing therapy utilizing a unique combination of Cognitive Behavioral and Dialectical Behavioral Therapy with solution focused results. Janet is dually credentialed allowing her to address both mental health and substance use disorders encompassing the wide complexity of hurdles that often manifest in-between. Over the past 16 years, Janet has provided therapy in the form of individual, families, youth, and adults. Janet specializes in helping couples and family members affected by mental health and addiction problems. Janet is also certified as a gambling disorder counselor and utilizes her treatment approaches to help youth and adults redefine their unhealthy relationships with gaming, internet, and social media use. Janet is a 2-time Counselor of the Year Award Winner from the Nebraska Counseling Association, winning both in 2019 and in 2022.

Jeremy Eberle, MA, LIMHP, CDGC, LADC:

Jeremy Eberle, of Lincoln Nebraska, is a licensed therapist who has been providing services in the form of individuals, groups, couples, and families since 2010. Mr. Eberle has focused primarily on treatment for substance use disorders as well as gambling disorders. In 2017, Mr. Eberle was the lead researcher in a study connecting prevalence among Nebraska college students and daily fantasy sports. These findings were presented at the National Gambling Conference in Portland, Oregon in July 2017 as well as at other conferences throughout the country. In July of 2019, Mr. Eberle opened Eberle Therapy Services, but later joined services with Mrs. Johnson in 2020 successfully establishing Alternative Avenues in Lincoln Nebraska. His current area of interest is the intersection between Gambling Use Disorder and Gaming Use Disorder, as the two disorders share a great deal of similarity and comorbidity and the impact of gambling/gaming use on both young people and adults.

Continuing Education Credit

This program may meet the criteria of an approved continuing education program for LADCs, behavioral health providers, as well as school professionals who assist in connecting students to behavioral health supports, for 4 contact hours. Other healthcare professionals may use their certificate of attendance to claim continuing education hours through their certifying body.

Participants must attend the entire workshop in order to receive credit.

Workshop Location

Host Site:

Lincoln Medical Education
Partnership
Vrbka Rooms 1-3
4600 Valley Road
Lincoln, NE 68510

Class Time: 8:30 a.m.—12:30 p.m.

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Training Cost: \$50.00

SCIP Schools and Agencies: \$40.00

Cancellation/Refund Policy

1. Notice of cancellation or transfer must be emailed to the SCIP office by Friday, June 9th.
2. No refunds after June 9th. Substitutions are allowed.
3. **Email cancellations or transfers to**
dtucker@lmep.com

Send Registration to:

SCIP—Duncan Tucker
4600 Valley Road
Lincoln, NE 68510
dtucker@lmep.com
Fax: 402-483-2882

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By sending in this registration, I agree to the cancellation and refund policies of SCIP.

Grant #2Bo8T1010034 under the SAMHSA Center for Substance Abuse Treatment and the Nebraska Division of Behavioral Health and monies passed through by Regions 4, V & 6 to prevention providers (\$164,500 or 57%) and \$124,466 or 43% from non-governmental entities.

*Region V Systems

School Community Intervention and Prevention is a program of Lincoln Medical Education Partnership
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