

Community Awareness Event

Keeping Current: Youth Substance Use Prevention

January 14, 2025

**Lincoln Medical Education Partnership
Vrbka Classrooms (Entrance 1, First Floor)
4600 Valley Road, Lincoln, NE
6:30 – 8:00 p.m.**

Presentation:

Substance use trends among youth are continually evolving, shaped by factors such as the availability of substances, social media influences and societal norms. While there are declines in some areas (like cigarette smoking), other substances like vaping, THC, and synthetic drugs present emerging challenges. Join us for an evening of learning as we discuss youth substance use prevention and intervention. Whitney Chrisman, a Licensed Independent Mental Health Practitioner and Licensed Alcohol & Drug Counselor with Jenda Family Services, will discuss:

- Substance use trends in adolescents
- Risk and protective factors that influence substance use
- The role of social media and its influence on substance use
- Warning signs that indicate a substance use disorder
- Substance use prevention and intervention strategies

Please contact Abbe Edgecombe, SCIP Coordinator for Lincoln-Lancaster County, for questions or additional information: (402) 327-6841 or aedgecombe@lmep.com

