



# Community Awareness Event

Keeping Current: Vaping Nicotine Among Youth

**January 25, 2024**

**Lincoln Medical Education Partnership  
Vrbka Classrooms (Entrance 1, First Floor)  
4600 Valley Road, Lincoln  
6:30 – 8:00 p.m.**

## Presentation:

Youth tobacco use in our community remains a significant concern, largely due to the emergence and popularity of e-cigarette or “vape” devices. Contrary to the common belief that these devices emit harmless vapor, they actually release an aerosol packed with dangerous substances. This aerosol contains not just addictive nicotine, but also ultrafine particles, toxic flavorings, volatile organic compounds, cancer-causing chemicals and heavy metals. The use of these e-cigarette or vape devices poses a significant health risk, especially harmful to the developing bodies and brains of young users. Dr. Doug Fiedler, FCCP, pulmonologist with Nebraska Pulmonary Specialties, will discuss the effects of vaping on physical health. Sadie Jensen, Public Health Educator with the Lincoln-Lancaster County Health Department, will discuss resources for parents and school personnel to support youth quitting vaping.

Please contact Abbe Edgecombe, SCIP Coordinator for Lincoln-Lancaster County for questions or additional information: (402) 327-6841 or [aedgecombe@lmep.com](mailto:aedgecombe@lmep.com)