

School Community Intervention and Prevention Presents



Instilling Hope: Suicide Intervention & Prevention *Friday, October 27, 2023*

Course Description:

This 3-hour course will take a deeper look into suicide prevention, post-vention, early intervention, and protective factors. Suicide impacts youth and families of all backgrounds. Suicide continues to impact Nebraska communities at concerning rates. We will discuss the data to have a better understanding of the need for more education and training around prevention and early intervention. It is extremely important for everyone to know, if and when warning signs are identified, what we can do, where we can connect for the appropriate help, how we promote help-seeking behaviors, and how we follow up to ensure our youth are healthy and well. This course will cover all of these things and provide each participant more information on important topics and concerns related to suicide, and how they can be most effective in saving a life from suicide.

Objectives:

Participants will learn local, state, and national data on suicide, learn their role in suicide prevention, as well as the role they can encourage others to play, learn warning signs, risk factors, and protective factors of suicide, obtain appropriate language and tools to break down stigma around mental health and suicide, create a toolkit of a variety of calming tools and community resources, and hear from a parent who lost a youth to suicide in order to better understand the need for prevention work with all youth.

Presenters:

Julia Hebenstreit, J.D. has served as the Executive Director at the Kim Foundation since 2011. She serves on numerous local, state, and national advisory boards and strives to further efforts that highlight and prioritize increasing access to behavioral health services, suicide prevention, quality mental health care for all, and stronger opportunities for recovery and connections for those with lived experience. Julia received her B.S. in Journalism from University of Nebraska—Omaha, and her J.D. from Creighton.

Continuing Education Credit

This program may meet the criteria of an approved continuing education program for certified social workers, certified master social workers, or licensed mental health practitioners for 3 contact hours. Other healthcare professionals may use their certificate of attendance to claim continuing education hours through their certifying body.

Participants must attend the entire workshop in order to receive credit.

Workshop Location

Host Site:

Lincoln Medical Education
Partnership
4600 Valley Road
Lincoln, NE 68510

**Class Time: 8:30 a.m.—
11:30a.m.**

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Training Cost: \$25.00

SCIP Schools and Agencies: \$15.00

Cancellation/Refund Policy

1. Notice of cancellation or transfer must be emailed to the SCIP office by October 20th.
2. No refunds after October 20th. Substitutions are allowed.
3. **Email cancellations or transfers to dtucker@lmep.com**

Send Registration to:

SCIP—Duncan Tucker
4600 Valley Road
Lincoln, NE 68510
dtucker@lmep.com
Fax: 402-483-2882

Name (please print)		Title
Organization/School		
Mailing Address/City/ State/Zip		
Daytime Telephone		Birthday (month/day/year)
E-mail Address		
PAYMENT TYPE		
<input type="checkbox"/> Check enclosed, made payable to LMEP-SCIP, for the amount of \$ _____		
<input type="checkbox"/> Or please charge my: <input type="checkbox"/> MasterCard <input type="checkbox"/> Visa <input type="checkbox"/> Discover		
Card # _____		
Expiration Date _____		Security Code _____
Cardholder Name _____		Signature _____
Please Print or Type		

By sending in this registration, I agree to the cancellation and refund policies of SCIP.
Grant #2Bo8T1010034 under the SAMHSA Center for Substance Abuse Treatment and the Nebraska Division of Behavioral Health and monies passed through by Regions 4, V & 6 to prevention providers (\$164,500 or 57%) and \$124,466 or 43% from non-governmental entities.