School Community Intervention and Prevention Presents





Motivational Interviewing: Intermediate Training

Wednesday, May 4, 2022

There are 25 spots open for this course. Registration is first come, first served.

Objectives:

This 6-hour workshop will provide participants with an deeper understanding of motivational interviewing techniques. The goal of this workshop is to enhance motivational interviewing skills for professionals. The objectives of this course are to explore effective strategies to elicit and respond to change talk; examine strengthening commitment to change; review coding with motivational interviewing adherent and non-adherent criteria; and to practice skills in a highly interactive setting to improve the learning and application. This intensive 1-day training is designed to deepen behavioral health practitioner's ability to use this evidence based clinical method to enhance change behaviors and outcomes. This course is appropriate for behavioral health, social workers, criminal justice, & healthcare practitioners.

Presenters:

Dr. Kate Speck, PhD., MAC, LADC, earned her Masters of Arts in Adult and Continuing Education from the University of Nebraska in 1995. She earned her Doctorate degree for Community and Human Resources from the University of Nebraska in 2002. She is a certified Alcohol and Drug counselor and addiction counselor since 2004, but has various other certifications surrounding the topic of addictions since 1984. She has 42 years of experience working in the field of behavioral health. Over the years, Kate has gained the title of Master Trainer for clinical supervision, assessing and managing suicide risk, ethics, and disaster psychological first aid. She is also a member of IMINT since 2000 for training in Motivational Interviewing. She has experience in residential, outpatient, and EAP settings as well as workforce development. Kate is an experienced educator and has trained in academic and community settings. She has presented at numerous conferences and delivered presentations and workshops in partnership with agencies and organizations. From 1997-2020, Kate was an adjunct faculty for Doane University's Master of Arts in Counseling, Psychology, Theory and Master level ethics and addiction courses. Kate was a senior research manager for the University of Nebraska Policy Center from 2007-2020.

Continuing Education Credit

This program may meet the criteria of an approved continuing education program for certified social workers, certified master social workers, or licensed mental health practitioners for 6 contact hours. Other healthcare professionals may use their certificate of attendance to claim continuing education hours through their certifying body.

Participants must attend the entire workshop in order to receive credit.

Workshop Location

Host Site:

Lincoln Medical Education Partnership Vrbka Rooms 1-3 4600 Valley Road Lincoln, NE 68510

Class Time: 9 a.m.-4 p.m.

Motivational Interviewing: Intermediate Training Wednesday, May 4, 2022

Training Cost: \$85.00 SCIP Schools and Agencies: \$75.00

Cancellation/Refund Policy

- Notice of cancellation or transfer must be emailed to the SCIP office by April 29th
- 2. No refunds after April 29th. Substitutions are allowed.
- 3. Email cancellations or transfers to vhotsenpillar@lmep.com

Send Registration to:

SCIP—Valerie Hotsenpillar 4600 Valley Road Lincoln, NE 68510 vhotsenpillar@lmep.com

Fax: 402-483-2882

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By sending in this registration, I agree to the cancellation and refund policies of SCIP.

School Community Intervention & Prevention is supported in whole or part by Grant #2B08T1010034 under the SAMHSA Center for Substance Abuse Treatment and the Nebraska Division of Behavioral Health and monies passed through by Region 4 and Region V to prevention providers (\$56,684 or 52%) and \$144,586 or 48% from non-governmental entities.

Region V Systems

School Community Intervention and Prevention is a program of Lincoln Medical Education Partnership 4600 Valley Road, Lincoln, NE 68510 402-327-6851 www.scipnebraska.com