



UPDATES FROM SCIP

October 2010

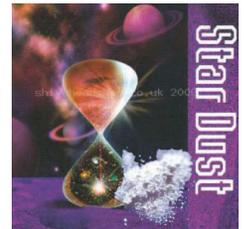
Dangerous "Legal" Highs

Law enforcement officers report people using legal substances that mimic the effects of other known illegal drugs.

With state after state banning the drug called K2 or Spice, labeled and sold as incense that has been used to get high, other legal substances are surfacing in some head shops and are readily available online. Although the packages are labeled "not for human consumption", people are consuming the products in various manners. Websites advertise their ability to create a "legal high" as well as not being able to be detected on drug tests.

These products, all a synthetic form of marijuana, contain a substance similar to THC and mephedrone, a stimulant that can cause hallucinogenic effects. Pharmaceutical scientists have discovered that the drug mephedrone varies in quality so much that users could be at risk of overdosing.

"Stardust", which is labeled for sale as an herbal bath salt, has surfaced resulting in a reaction similar to when people take methamphetamine. It also has a look similar to powdered methamphetamine. Several people have consumed or injected themselves with stardust and ended up in the hospital. Even more alarming, are the numerous reports of death associated with its use, which has led to its ban in some countries.



"Spark-20", also labeled and sold as incense, seems to produce hallucinogenic effects. The substance contains herbs and looks similar to marijuana, although parents may see the packages of Spark-20 and think their children are just burning incense.

(Sources: www.bismarktribune.com, 02-24-10; www.hartfordadvocate.com, 06-15-10; www.sciencedaily.com, 07-15-10)

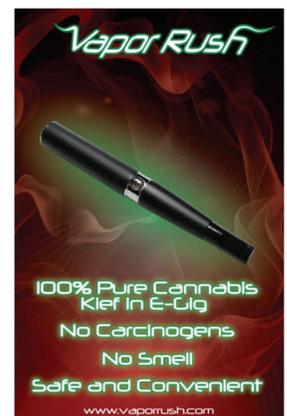
Product Alert!

The Food and Drug Administration (FDA) is considering whether to ban the sale of e-cigarettes due to the growing concern that other drugs, specifically a potent form of marijuana, are being smoked with them.

Until recently, it was believed marijuana could not be smoked with the e-cigarettes. However, a group of Los Angeles scientists put their heads together and developed a product that allows a person to smoke pure kief marijuana from an e-cigarette. This product called Vapor Rush, is now advertised and for sale over the internet.

Vapor Rush is a device that runs on long lasting batteries; charger included. The vaporizer cartridges hold a cannabis based solution with a choice of three special formulations: Haze, Bliss and Rush.

The biggest concern with Vapor Rush is the reality that a person can virtually use marijuana in public without being detected since no combustible smoke or smell is produced and a lighter is not needed. Advertisers of this product brag that you can get high anywhere, at the office, a sporting event, or on a plane and it goes undetected.



(Sources: www.prlog.org, 06-28-10; www.marijuana.com/vaporizers, 06-24-10; www.vaporrush.com)



RESOURCES for Educators Parents Teens

The following websites are for parents, youth and teachers to access for a wide range of information on drug and alcohol prevention and mental health issues.

<http://www.drugabuse.gov> *National Institute on Drug Abuse (NIDA)*: provides facts and information, educational materials, curriculum guides, classroom tools, and more.

<http://www.samhsa.gov> *Substance Abuse & Mental Health Services Administration*: click on the "Programs and Campaigns" for more information on treatment services, mental health resources, as well as a family guide to keeping youth mentally healthy & drug free.

- <http://family.samhsa.gov/set/practicepreach.aspx>
- <http://mentalhealth.samhsa.gov/cmhs/childrenscampaign/parents.asp>
- <http://www.family.samhsa.gov>
- <http://www.toosmarttostart.samhsa.gov>

<http://www.niaaa.nih.gov> *National Institute on Alcohol Abuse and Alcoholism*: the pamphlet and brochures section contains easy-to-read material for the public covering a wide range of alcohol-related topics.

<http://www.drugfree.org> *The Partnership for a Drug-Free America*: motivates and equips parents to prevent their children from using drugs and alcohol, and to find help and treatment for family and friends in trouble.

<http://www.theantidrug.com> *Parents. The Anti-Drug*: tips, guides, and expert advice to keep your teens safe and drug-free.

<http://www.adolescent-substance-abuse.com> *Adolescent Substance Abuse Knowledge Base (ASK)*: help and information for parents of teens with drug or alcohol problems, addiction, and alcoholism.

<http://www.stopalcoholabuse.gov> *Stop Underage Drinking*: Federal resources for information, ideas, and materials for combating underage drinking.

<http://www.edc.org/hec> *U.S. Department of Higher Education Center*: provides support to all institutions of higher education in their efforts to address alcohol and illicit drug problems. HEC offers technical assistance, develops publications, and conducts training workshops.

<http://www.ed.gov/offices/OESE/SDFS> U.S. Office of Safe and Drug-Free Schools Programs.

<http://www.tobaccofreekids.org> Campaign for Tobacco-Free Kids.

<http://www.drugfreeworld.org> Free informational/educational kits, testimonials from former substance users.

<http://www.4parents.gov> Information on teen sex, drugs, and mental health issues.

<http://www.connectwithkids.com> A multi-media education company focused on helping educators and parents teach life skills, prevention, character, health, and wellness.

Working to Keep Kids Drug Free

SCIP staff partnered with the Lincoln Police Department to participate in the Drug Enforcement Administration's (DEA) first national Prescription Drug Take-Back Day in Lincoln on September 25th. The goal of the take-back was for people to rid their homes of expired or unused prescription medications that can be easily accessed by youth abusing or selling them. The take-back was a success with about 586 lbs of medications collected. Response was so positive that we are hopeful another take-back will be held next spring.

