



School Community Intervention and Prevention Presents



Lincoln Medical
Education Partnership

Refugee Resettlement: Implications for Mental Health Services

Friday, February 22, 2019

The way a person understands health and sickness is deeply rooted and influenced by their culture. Understanding where refugees come from, both geographically and culturally, is critical to providing effective services. Resettled refugees come from cultures in which indigenous psychology may differ greatly from what providers are accustomed to in the United States. As a result, services may not address the mental health needs of refugees in an effective way despite best intentions. This training aims to bridge that divide.

OBJECTIVES

At the end of this training, participants will:

- Understand the refugee resettlement process and the impact of trauma pre-flight, flight, and post-flight.
- Discuss varying cultural concepts of mental health and how to adjust treatment plans effectively.
- Identify resources and strategies to effectively meet the unique mental health needs of local refugee communities.

Presenters:

Alana Schriver, MPH

Refugee Specialist at Omaha Public Schools

Dr. Betty Kola, Ph.D., CPC, LIMHP

Clinical Director at Buoyant Family Services Counseling and Consulting LLC

6 Credit Hours

This program may also meet the criteria of an approved continuing education program for certified social workers, certified master social workers, or licensed mental health practitioners for 6 contact hours. Other healthcare professionals may use their certificate of attendance to claim continuing education hours through their certifying body.

School Community Intervention & Prevention is supported in whole or part by Grant #2B08T1010034 under the SAMHSA Center for Substance Abuse Treatment and the Nebraska Division of Behavioral Health and monies passed through by Region 4 and Region V to prevention providers (\$135,170 or 53%) and \$121,933 or 47% from non-governmental entities.

Host Site: Lincoln

Southeast Community College
Continuing Education Center
301 S 68th St Place

Video Site: Norfolk

601 E Benjamin Suite B
Norfolk, NE 68701

Registration: 8:15 a.m.

Class: 8:30 a.m.—4:00 p.m.

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Training Cost: \$85.00

SCIP Schools and Agencies: \$70.00

Cancellation/Refund Policy

1. Notice of cancellation or transfer must be emailed to the SCIP office by February 15th.
2. No refunds after February 15th. Substitutions are allowed.
3. **Email cancellations or transfers to memmons@lmep.com**

Send Registration to:

SCIP—Michaela Emmons
4600 Valley Road
Lincoln, NE 68510
memmons@lmep.com
Fax: 402-483-2882

Mark the site where you will be attending: Lincoln (Host Site) *Norfolk (Video)

*A minimum of 3 participants must be registered for the Norfolk location or it may be cancelled.

Name (please print)

Title

Organization/School

Mailing Address/City/ State/Zip

Daytime Telephone

Birthday (month/day/year)

E-mail Address

PAYMENT TYPE

___ Check enclosed, made payable to LMEP-SCIP, for the amount of \$ _____

___ Or please charge my: ___ MasterCard ___ Visa ___ Discover

Card # _____

Expiration Date _____ ZIP Code for Card _____

Cardholder Name _____ Signature _____
Please Print or Type

By sending in this registration, I agree to the cancellation and refund policies of SCIP.

School Community Intervention and Prevention is a program of Lincoln Medical Education Partnership
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